



Fulbright Foreign Student Program

Fulbright African Research Scholar Program



Hubert H. Humphrey Fellowship Program



**U.S. Embassy Maputo
Public Affairs Section**

USG Exchange Programs

Managed by U.S. Department of State, Bureau of Educational and Cultural Affairs (ECA) to:

- Increase mutual understanding and respect
- Reflect the diversity of the United States
- Promote leadership development
- Encourage inclusion of underrepresented groups
- Promote academic, cultural, sports, and professional exchange



155+

Countries



The Fulbright Program operates in 155 countries worldwide.

1,000

fellows

Professional Fellows traveled to the U.S. for an exchange program in 2011.

310K

Participants

Approximate number of Fulbright participants

80

Alumni



Number of Fulbrighters that have received the Pulitzer Prize

1M

Alumni



Of ECA exchange programs.

3

Alumni



Are current heads of international organizations.

8

Alumni



Are current or former ambassadors to the United Nations.

1,700

Fulbright Student Scholarships

Approximate number awarded each year

55

Alumni



Are Nobel Prize winners.



- Flagship international educational exchange program sponsored by the U.S. Government.
- Includes several programs for American and international students, scholars, artists, athletes, and professionals.
- Provides unique opportunities for professional collaboration with peers from the U.S. and other countries at world-class institutions.
- Fellowships focus on skills development: academic research/analysis, leadership, public presentation, program design, grant-writing, job training
- **In Mozambique, three Fulbright programs offered: Fulbright Foreign Student Program, Fulbright Visiting Scholar Program (African Research Scholar Program), and Hubert H. Humphrey Fellowship Program.**



What the Fulbright Programs Cover

- Round-trip travel
- Health Insurance
- Tuition and fees
- Room and board
- Maintenance allowance
- Books and supplies
- Required field trips, seminars, and workshops
- Orientation programs and intensive English training (for some candidates only)



**Elsa Lameira, Fulbright Student 2013-2015:
Master in Microbiology, Oklahoma State
University**



Profile of a Successful Fulbright/Humphrey Fellow

- Motivation, focus, goals
- Academic ability
- Record of leadership
- Communication skills: reading, writing, speaking
- High potential for success
- Thorough and up-to-date knowledge of field of study
- Civic spirit
- Personal qualities: self-discipline, teamwork, professionalism, originality of ideas, maturity, adaptability, initiative



Tancredo Tivane, Fulbright Student 2018-2020: Master in Education, University of Arkansas





Fulbright Foreign Student Program



Abdul Ada, Fulbright Student 2018-2021: Master in Evolutionary Biology, San Diego State University.
Shila Abdula de Moraes, Fulbright Student 2019-2021: Master in Urban and Regional Planning, University of Iowa



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Foreign Student Program

- Full funding for maximum of two years of Master's, PhD, or non-degree study in the U.S.
 - **Master's Degree candidates receive priority**
- Target Audience: University junior faculty and staff
 - Applications also accepted from :
 - Other public and private educational institutions
 - Cultural institutions
 - Research institutions
 - Professional associations
 - Applicants from non-academic organizations
- **Highly competitive.** U.S. Embassy Awards 3-4 full scholarships to Mozambicans every year
- Fulbright Program staff determine university placement based on academic fit, finalist's preferences, university resources, and other criteria



Fulbright Foreign Student Program

General Eligibility Criteria



- Citizen of Mozambique
- Complete minimum degree of *Licenciatura*
- English proficiency (TOEFL required for nominees)
- Pass required standardized tests (GRE or GMAT test is required for those selected)
- Limited U.S. Experience

Shila Abdula de Moraes, Fulbright Student
2019-2021: Master in Urban and Regional
Planning, University of Iowa



All Fields of Study are Eligible, Including:

- Technology
- Journalism
- Public relations
- Media studies
- Agriculture
- Food science
- Business
- Economics
- Environmental science
- International relations
- Political science
- Public administration/policy
- Public health
- Natural resources and environmental management
- Public health and policy/management
- Law
- Engineering
- Education
- Others as relevant to Fulbright program goals

Note: Medical sciences, nursing, and similar programs are not eligible



Fulbright Foreign Student Testing Requirements

- Test of English as a Foreign Language (TOEFL): Required for all nominees
 - Minimum Score for Master's candidates: 90 on internet-based test (IBT).
 - Minimum Score for Ph.D. candidates: 100 IBT (varies by field of study).
- Graduate Record Exam (GRE): Required for all finalists except in law and business*
 - Minimum score: above the fiftieth percentile in both sections of the GRE.

***Finalists in law are only required to take the TOEFL.**



Fulbright Foreign Student Testing Requirements

- Graduate Management Admissions Test (GMAT) - Required for all finalists in business
 - Minimum Score for Master's candidates: 550
 - Minimum Score for PhD candidates: 600
- *Some MA candidates will be selected for the 2-6 month Intensive English program prior to placement in a Master's degree program. Must retake the GRE/GMAT and TOEFL during the language training period to qualify for Master's degree placement.*





Fulbright Visiting Scholar Program



Dr. Nelson Zavale, Fulbright Visiting Scholar 2021-2022: University of California, Research in Education



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Public Affairs Section**



Fulbright Visiting Scholar Program

- **Full funding for 3-9 months at a U.S. university to:**
 - Conduct post-doctoral research in any academic discipline (PhD and 3yrs teaching experience required)
 - Conduct research in order to develop new curricula/programs at home institution
 - Conduct research related to HIV/AIDS

- **Target Audience:**
 - University faculty/administrators
 - Research Institute professionals

- **Highly competitive.** Up to 5 scholarships awarded

- Fulbright Program staff determine university placement based on academic fit, and finalist's preferences



Fulbright Visiting Scholar General Eligibility Criteria

- Citizen of Mozambique or permanent resident
 - Complete minimum degree of PhD (for Research Grants) or *Licenciatura*/Master's (for Program Development Grants)
 - English proficiency
 - Limited U.S. Experience
- *Proposals involving doctoral dissertation research, post-doctoral research immediately following completion of a PhD, or general professional travel are not eligible.**





The Hubert H. Humphrey Fellowship Program

A Program for Mid-Career Professionals Sponsored by the U.S. Department of State



Hubert H. Humphrey
U.S. Vice President 1965 - 1969



U.S. Embassy Maputo
Public Affairs Section

Humphrey Program

- Created by U.S. president Jimmy Carter in honor of Vice-President Hubert H. Humphrey, an American politician and civil rights activist.
- 10 months of non-degree academic study and professional experience in the United States for mid-career professionals.
- Practical training within groups of Fellows specializing in the same discipline.
- 1-3 Mozambicans selected per year



**Edson Carneiro, Humphrey Fellow
2021-2022: Edson Carneiro - Cornell
University/ITH**

Humphrey Program Design

Humphrey Seminar: Allows Fellows to share approaches to common issues and problems in their regions

Academic Enrichment: Partial academic course load in field of expertise. Taken with small group of Fellows in same field.

Professional Development: Conferences, networking meetings, seminars, and workshops. 6-week internship at a U.S. institution in field.

Washington Global Leadership Forum: 4-day seminar in Washington, D.C. to learn more about U.S. institutions, federal agencies, and international organizations.

English Language Courses: Provided to a limited number of Fellows before Fellowship begins.



Humphrey Program Eligibility Criteria

- Citizen of Mozambique
- Complete *Licenciatura*
- At least **5 years** of professional experience
- English Proficiency (TOEFL required for selected Finalists)
- Public service orientation and commitment to Mozambique's national development
- Limited U.S. experience



Stella Machel, Humphrey Fellow 2019-2020:
Boston University

Humphrey Program Eligible Fields of Study

○ Sustainable Development

- Agriculture and Rural Development
- Economic Development
- Banking and Finance
- Natural Resources, Environmental Policy, and Climate Change
- Urban and Regional Planning

○ Democratic Institution Building

- Communications/Journalism
- Law and Human Rights
- Public Policy Analysis and Public Administration
- Trafficking in Persons Policy and Prevention
- Technology Policy and Management
- Human Resource Management

○ Education

- Educational Administration, Planning, and Policy
- Higher Education Administration
- Teaching English as a Foreign Language

○ Public Health

- Public Health Policy and Management
- HIV/AIDS Policy and Prevention
- Substance Abuse Education, Prevention, and Treatment

Note: educators, scientists, or researchers with no management or policy responsibilities are not eligible for the Humphrey Program (except for teachers of English as a Foreign Language and specialists in drug abuse prevention and treatment).



Humphrey Fellowship Testing Requirements

- TOEFL or International English Language Testing System (IELTS): Required for all finalists
 - Minimum TOEFL Score: 71 IBT
 - Minimum IELTS: 6.0



Edson Carneiro (2nd from left to right in the first photo and 1st from left to right in the second photo): Humphrey Fellow 2021-2022, Cornell University/ITH



Who is an Ideal Candidate?

Fulbright Visiting Scholar Program

- Licenciatura
- Usually, at least **2 years** work experience in field of study
- Endorsement of employer
- Good English skills
- Excellent grades/achievements
- Leadership skills
- Good writing skills
- Commitment to national development
- Limited or no previous travel to the U.S.
- **Strong results on required tests**
- **Interest in academic research**

Humphrey Program

- Licenciatura
- At least **5 years** work experience in field of study
- Endorsement of employer
- Good English skills
- Excellent grades/achievements
- Leadership skills
- Good writing skills
- Commitment to national development
- Limited or no previous travel to the U.S.
- **Desire to address a specific policy problem**
- **Interest in practical training and professional collaboration**



What Makes A GOOD Application?

- Complete and ACCURATE application, free from grammatical and factual errors.
- Complete application includes all certificates and signed recommendation letters.
- Follow instructions diligently and submit by April 26 deadline
- Remember: over 100 applicants for 3-5 spots.
- Interview panel will take 5 minutes to read your application the first time - **you must grab their attention in those first five minutes.**



**Tancredo Tivane, Fulbright Student
2018 -2020: Master in Education,
University of Arkansas**



What Makes a GREAT Application?

- Essays and answers that are specific and reveal your motivation, character, teamwork, interests, originality of ideas, and potential. Focus on your experiences, conclusions drawn, and lessons learned. Highlight why you should be picked over hundreds of other people.
- Clear articulation of why you want to study the field you have chosen, how it will help your institution and Mozambique in general, and how the Fellowship is relevant to your long-term goals.
- Information that is comprehensive, interesting, and makes the reader want to meet you in person.
- Reference letters from people who know you well and can speak about your attitude toward learning, knowledge of your field, motivation, work habits, seriousness of purpose, initiative, emotional maturity, teaching/research potential, interactive abilities, and/or ability to handle stress.



Application & Selection Process for Fulbright Programs

12 month selection process

Round I: U.S. Embassy Selection

May 09, 2022	Application deadline, including: <ul style="list-style-type: none">• Transcripts/Diplomas officially translated into English (official score report required for each year of university completed)• Essays• Letters of Recommendations• Standardized test scores (if applicant has taken before)
Mid/Late-June, 2022	Interviews by Embassy Selection Committee
Early-July, 2022	TOEFL testing for selected candidates



Application & Selection Process for Fulbright Programs

12 month selection process

Round II: U.S. State Department and Fulbright Board Selection

July-August, 2022	Nominees submit missing academic documents to the U.S. Embassy Maputo
July-September, 2022	Nominees take/retake TOEFL and GRE exams
Late-September, 2022	Completed applications submitted to Washington, DC for final decision
December, 2022-February, 2023	<u>Fulbright Finalists</u> announced. Applications submitted to universities for admissions decision.



Application & Selection Process for Fulbright Programs

12 month selection process

Round III: University Selection

December 2021-May/June 2022	Universities review applications and make admissions decisions. Intensive English program participants identified.
January/March-July, 2022	Intensive English program for selected candidates. Successful participants continue on to graduate program.
August 2022-June 2024	Fulbright Program Dates



Fulbright Application Timeline

- April 08, 2022– Open Call for Applications
- Mai 09, 2022- Application Deadline
- Mid/late-June 2022 — Interviews
- July, 2022– TOEFL Testing for Top Candidates
- Late-July/August, 2022 – U.S. Embassy Nominees Selected
- July-September 2022 – Testing and completing missing academic documents
- Late-September 2022 – Completed applications submitted to Washington, DC for final decision
- March-June 2023 – Finalists placed at universities
- August/September 2023 – Fellowship Programs Begin



Advice from Fulbright & Humphrey Alumni

- “Participants of this program, have the opportunity to learn from the most qualified professionals of their respective fields and interact with some of the most promising academics from around the world. In addition to helping and directing their participants to the right institutions according to their areas of interest, this program also exposes them to American life through programs that encourage these foreign scholars to actively participate in their host communities. **Tancredo Tivane, 2018-2020, Fulbright Foreign Student Program, Master in Education, University of Arkansas**
- “My advice to potential fulbrighters is that you should go for it! you cannot miss the opportunity to get exposed to a diverse academic and cultural set up. You should arrive with your mind open and be proud of your academic achievements and culture. immerse in this opportunity as an ambassador of your country in the US. This means, you should be eager to exchange your knowledge, experience and culture with the a diversity of peers. In summary, the Fulbright visiting scholar program is a great opportunity to grow professional and personally.” **Dr. Natasha Ribeiro, Fulbright Visiting Scholar, 2017-2018, research in Environmental Science, University of Virginia.**
- “I hope my story encourages you to reach for the stars, even if you doubt yourself, just like I still do, because the future of our nation depends on how high we dream and aim, individually and collectively. I do not know what aiming high means for you. But for me Stella, aiming high means being a constant carrier of the best knowledge the planet has to offer, and bringing it back to Mozambique, to inform and improve the quality of decisions that matter to Mozambicans. And on April 13 2018, reaching for the stars just meant pressing the **APPLY** button on the HFP page.” **Stella Machel, 2019-2020 Humphrey Fellow, Boston University**



Advice from a Fulbright Alumnus

- o The Fulbright program is a well-known and prestigious program that allows people from diverse academic backgrounds to pursue their graduate studies (masters or doctorate) at American universities. Today, the Fulbright program is considered the largest and most prestigious educational exchange program, offering graduate students and scholars, the opportunity to continue their education or professional development through research and study in the US.
- o Participants of this program, have the opportunity to learn from the most qualified professionals of their respective fields and interact with some of the most promising academics from around the world. In addition to helping and directing their participants to the right institutions according to their areas of interest, this program also exposes them to American life through programs that encourage these foreign scholars to actively participate in their host communities.
- o Because of this program, I had the unique opportunity to develop my academic and professional skills and engage in professional discussions on educational issues in Mozambique, which are the concerns that would like to help solve in my country. In addition, I could learn the different perspectives used in the first world to deal with these issues. In conclusion, through the Fulbright program, I was able to become a more qualified professional and build relationships within and out of the academic sphere, both in the US and internationally. Today, feeling that I became a better academic and teacher than before, I am continuing with my education in the US where I am expanding my skills with the aim of becoming a more active and functional citizen of my country after my return.

Tancredo Tivane, 2018-2020, Fulbright Foreign Student Program, Master in Education, University of Arkansas



Advice from a Fulbright Scholar Alumna

- o “The Fulbright Visiting Scholar Program is with no doubt one of the most prestigious opportunities offered by the US government to the international community. The program aims to advance teaching and research by promoting exchange between international and US researchers and lecturers. The program also intends to promote cultural exchange between US and international peers. As a recipient of the Fulbright VS scholarship (2017-2018), I had the opportunity to improve my research and teaching skills. At the University of Virginia, where I was based, I learned ecological modeling skills and had access to a diversity of resources that granted me the ability to advance in my career. Also, as a fulbrighter I had the opportunity to share my knowledge with other institutions outside my host university, through the outreaching lecturing fund. This is a great chance for both cultural and scientific exchanges as it exposes the individual to the diversity of academic and cultural contexts in the US. Once a fulbrighter you will always be one. This is reflected in the diversity of funding opportunities offered to the alumni to pursue their professional objectives. In addition, I feel very proud of giving my contribution to the program in Mozambique, by collaborating in many activities.
- o My advice to potential fulbrighters is that you should go for it! you cannot miss the opportunity to get exposed to a diverse academic and cultural set up. You should arrive with your mind open and be proud of your academic achievements and culture. immerse in this opportunity as an ambassador of your country in the US. This means, you should be eager to exchange your knowledge, experience and culture with the a diversity of peers. In summary, the Fulbright visiting scholar program is a great opportunity to grow professional and personally.”
Dr. Natasha Ribeiro, Fulbright Visiting Scholar, 2017-2018, research in Environmental Science, University of Virginia.



Advice from a Humphrey Alumna

- “For a decade I had been looking for personal development opportunities outside of Mozambique, because my dream was to become a global leader.
- The opportunity to be a Humphrey Fellow could not have come at a better moment. It came at my 10th career anniversary, when I desperately needed a pause to reflect on how far I’d come and to refine my vision for the next ten years, while seeing the world and meeting amazing people.
- While being awarded the Humphrey Fellowship was a long awaited breakthrough, it came at a time when I had a job that was fulfilling, impactful and purposeful. More importantly, I had great leaders and mentors, who not only helped me to achieve heights I had never seen in my own family, but who also invested their beliefs and time to see me reach even greater heights. It was hard to leave what we had built and embrace an uncertainty filled 9 month “*adventure*” in America. But thank God, taking the scholarship was the greatest, yet the most rewarding risk I have taken in my life. And that would have been impossible without the guidance and blessing of my loving mother, my leaders, my mentors, my friends and church community.
- Today, counting the benefits of the Humphrey Fellowship Program in my life, is my version of an impossible mission, because I am still work in progress and I am still counting my blessings. But I will attempt to do it, because my heart’s desire is to see more Mozambicans benefit from the growth, transformation and perspective that the program offered me. So in the next paragraphs I will try to shed some light into what I gained during and after the program.”



Advice from a Humphrey Alumna

During the Program

- “I was part of the Banking and Finance cohort at Boston University, alongside inspiring leaders from 11 different countries who were on fire for their countries. Although we all had different personal development goals, the Program was an important platform to help us realize that our countries had very similar challenges. So, we used those 9 months together to share the dreams we had for our nations and to share best practices on how to address some of the most pressing issues in our spheres of influence. We parted ways in June 2020, but I know that in all of those 11 nations there is a little bit of me.
- I also had the opportunity to do coursework and learn from BU’s best lecturers in Fintech, Entrepreneurship and Digital Transformation. With the funding the Fellowship provides for personal development, I was able to participate Fintech , Innovation, Banking and Entrepreneurship events and even acquire the John Maxwell Leadership Certification. Towards the end of the Fellowship I had a 3 month Professional Affiliation at the World Bank Headquarters.
- In all engagements I carried our flag with honor and introduced myself as “Stella from Mozambique” with more pride than I thought I had. I think the highest of all the events was our graduation day, when I had the honor to be voted by my Fellow Humphrey Fellows to be the class speaker.”



Advice from a Humphrey Alumna

“After the Program

- “The Humphrey Fellowship Program is the most prestigious scholarship funded by the US State Department, and a testament to that is the fact that the Fellowship Diploma is signed by the President of the United States of America. What??? My name and the name of the president of USA on the same piece of paper??? I am still trying to wrap my mind around that!
- The HFP made me a Fulbright Scholar! For me personally, the Fulbright status opens just about any door I knock, raises my soft voice and draws the ears of people towards me, no matter who or where they are. Additionally, I strongly believe that being a Humphrey / Fulbright alumna elevated my chances to be admitted to the Massachusetts Institute of Technology, where I graduated with a Master of Business Administration (MBA) in June 2021, alongside some of the most brilliant and creative minds on planet earth.
- So as you can see, although the HFP did not offer me a degree, it placed me a step closer to becoming the global leader I dreamt to be and without a doubt, it was a stepping stone to getting an MBA from the best university in the world (according to [QS World University Rankings](#)). It is still very hard to describe with my limited English vocabulary, how honored, how humbled and how blessed I felt to raise Mozambique’s flag in an Institution that I had long perceived to be for “them” and not for “us”. It is indeed for us too.”



Advice from a Humphrey Alumna

“My Closing 2 Cents

- It took me 10 years of scholarship applications to finally be accepted for one. But while the rejections accumulated, I did 5 things and I did them very well: I kept dreaming big and impossible, I excelled in my career in Mozambique, I kept applying for scholarships, I kept telling and improving my story, and more importantly, I let God do the rest. So it is not about being smart, it is about building an authentic story that tells more than just about the “*me and the I*”.
- I hope my story encourages you to reach for the stars, even if you doubt yourself, just like I still do, because the future of our nation depends on how high we dream and aim, individually and collectively. I do not know what aiming high means for you. But for me Stella, aiming high means being a constant carrier of the best knowledge the planet has to offer, and bringing it back to Mozambique, to inform and improve the quality of decisions that matter to Mozambicans. And on April 13 2018, reaching for the stars just meant pressing the **APPLY** button on the HFP page.
- So if I can leave you with a few nuggets, these are what I would ask you to keep:
 - ✓ Reach for the stars and stay true to your stars, no matter how unattainable they seem to be;
 - ✓ Embrace your own journey- you do not have to follow a conventional path to achieve your academic/ development dreams, I went the HFP way and it worked wonders for me. I believe it could work wonders for you and for our nation because we need more Mozambicans participating in these forums;”



Advice from a Humphrey Alumna

- “Never stop telling your story, but just remember to be deep and authentic- your story **MUST** be more than “ *eu quero contribuir para o desenvolvimento de Moçambique*”. Go deeper, be specific and invite your family, your mentors, your friends and leaders to be active participants of the story you are building. This is not a solo journey;
- If you are passionate about personal development, if you want to be a global leader and make an impact in Mozambique and beyond borders, **PRESS THE APPLY BUTTON ON THE HFP PAGE** when you get the chance. I pressed it and it changed my life.
- In closing, I thank the United States Government, the Fulbright Commission in Mozambique and the people of the USA for making all that possible- today I am indeed a dream liver because you heard my story.
- I thank my family, my friends, my mentors, my spiritual and business leaders all around the world, for riding along with me through the impossible, the unheard and the unseen. .”

Stella Machel, 2019-2020 Humphrey Fellow, Boston University



Important Websites and e-mail address

<https://mz.usembassy.gov/education-culture/educational-exchange/>

www.humphreyfellowship.org
www.foreign.fulbrightonline.org

MaputoExchangePrograms@state.gov



Visite-nos nos sitios: <http://mz.usembassy.gov>
<http://facebook.com/U.S.EmbassyMaputo>